

Breakfast & Lunch Menu

October 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 Breakfast: Sausage gravy & biscuits, fruit, juice, milk</p> <p>Lunch: Grilled chicken/bun, sweet potato fries, lettuce, tomato, pickles, peaches, milk</p>	<p>2 Breakfast: Pancake on a stick, hash browns, fruit juice, milk</p> <p>Lunch: Lasagna, green beans, salad, hot roll, mixed fruit, milk</p>	<p>3 Breakfast: Breakfast casserole, toast, fruit, juice, milk</p> <p>Lunch: Stromboli, macaroni & cheese, salad, banana, milk</p>	<p>4 Breakfast: Sausage & egg bagel, fruit, juice, milk</p> <p>Pigs-n-blanket, tater tots, salad, pineapple, milk</p>	<p>5 Breakfast: French toast & syrup, sausage links, fruit, juice, milk</p> <p>Lunch: Hot sub sandwich, lettuce, tomato, pickle spear, baked beans, pears, milk</p>	6
7	<p>8 Breakfast: Sausage gravy & biscuits, fruit, juice, milk</p> <p>Lunch: Chicken Quesadillas, refried beans, tossed salad, pineapple, milk</p>	<p>9 Breakfast: Breakfast burritos, salsa, fruit, juice, milk</p> <p>Lunch: Baked ham, sweet potatoes, peas, hot roll, applesauce, milk</p>	<p>10 Breakfast: Scrambled eggs, bacon, toast, fruit, juice, milk</p> <p>Lunch: Spaghetti & meat sauce, green beans, peaches, milk</p>	<p>11 Breakfast: Sausage, egg, cheese biscuit, fruit, juice, milk</p> <p>Lunch: Sweet & sour chicken, fried rice, broccoli, mixed fruit, milk</p>	<p>12 Breakfast: Pancake & syrup, sausage links, fruit, juice, milk</p> <p>Lunch: Shepherd's pie, tossed salad, hot roll, pears, milk</p>	13
14	<p>15 Breakfast: Sausage gravy & biscuits, fruit, juice, milk</p> <p>Lunch: Soft tacos, refried beans, Spanish rice, tossed salad, pineapple, milk</p>	<p>16 Breakfast: Muffin, sausage links, fruit, juice, milk</p> <p>Lunch: Chicken & noodles, mashed potatoes, green beans, hot rolls, mandarin oranges, milk</p>	<p>17 Breakfast: Breakfast pizza, fruit, juice, milk</p> <p>Lunch: Bierox, broccoli, salad, peaches, milk</p>	<p>18 Breakfast: Cereal, yogurt, fruit, juice, milk</p> <p>Lunch: Hamburger/bun, lettuce, tomato, pickles, sweet potato fries, pears, milk</p>	<p>19 Breakfast: Waffle & syrup, bacon, fruit, juice, milk</p> <p>Lunch: Chili dogs/bun, tater tots, salad, mixed fruit, milk</p>	20
21	<p>22 Breakfast: Sausage gravy & biscuits, fruit, juice, milk</p> <p>Lunch: Chicken alfredo, broccoli, salad hot rolls, applesauce, milk</p>	<p>23 Breakfast: Pancake on a stick, hash browns, fruit juice, milk</p> <p>Lunch: Meatloaf, mashed potatoes/brown gravy, carrots, hot roll, mixed fruit, milk</p>	<p>24 Breakfast: Breakfast casserole, toast, fruit, juice, milk</p> <p>Lunch: Pizza, corn, salad, pineapple, milk</p>	<p>25 Breakfast: Sausage & egg bagel, fruit, juice, milk</p> <p>Lunch: Chicken fajitas, refried beans, salad, pineapple, milk</p>	<p>26 Breakfast: French toast & syrup, sausage links, fruit, juice, milk</p> <p>Lunch: Corn dogs, macaroni & cheese, salad, pears, milk</p>	27
28	<p>29 Breakfast: Sausage gravy & biscuits, fruit, juice, milk</p> <p>Lunch: Chicken patty/bun, tater tots, salad, peaches, milk</p>	<p>30 Breakfast: Breakfast burritos, salsa, fruit, juice, milk</p> <p>Lunch: Country fried steak, mashed potatoes/cream gravy, green beans, hot roll, mixed fruit, milk</p>	<p>31 Breakfast: Scrambled eggs, bacon, toast, fruit, juice, milk</p> <p>Lunch: Frito chili pie & beans, corn, cinnamon roll, pineapple, milk</p>	Menu subject to change		

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