

# Breakfast & Lunch Menu

October 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	<p><b>2</b> Breakfast: Sausage gravy &amp; biscuits, fruit, juice, milk</p> <p>Lunch: Chicken quesadillas, refried beans, salad, pineapple, milk</p>	<p><b>3</b> Breakfast: Breakfast burritos, salsa, fruit, juice, milk</p> <p>Lunch: Spaghetti &amp; meat sauce, green beans, French bread, peach cobbler, milk</p>	<p><b>4</b> Breakfast: Scrambled eggs/cheese, bacon, cinnamon toast, fruit, juice, milk</p> <p>Lunch: Baked ham, scalloped potatoes, peas, cinnamon applesauce, hot roll, milk</p>	<p><b>5</b> Breakfast: Sausage, egg, cheese biscuit, fruit, juice, milk</p> <p>Lunch: Sweet &amp; sour chicken, fried rice, Asian vegetables, mixed fruit, milk</p>	<p><b>6</b> Breakfast: French toast &amp; syrup, sausage links, fruit, juice, milk</p> <p>Lunch: Shepherd's pie, salad, hot roll, chocolate cake, pears, milk</p>	7
8	<p><b>9</b> Breakfast: Sausage gravy &amp; biscuits, fruit, juice, milk</p> <p>Lunch: Soft tacos, Spanish rice, salad, pineapple cake, milk</p>	<p><b>10</b> Breakfast: Pancake on a stick, hash browns, fruit juice, milk</p> <p>Lunch: Chicken &amp; noodles, mashed potatoes, green beans, hot roll, mandarin oranges, milk</p>	<p><b>11</b> Breakfast: Breakfast casserole, toast, fruit, juice, milk</p> <p>Lunch: Bierox, broccoli &amp; cheese sauce, peaches, milk</p>	<p><b>12</b> Breakfast: Sausage &amp; egg bagel, fruit, juice, milk</p> <p>Lunch: Hamburger on a bun, lettuce, tomato, pickles, French fries, pears, chocolate chip cookies, milk</p>	<p><b>13</b> Breakfast: Pancake &amp; syrup, sausage patty, fruit, juice, milk</p> <p>Lunch: Hot dogs w/chili on a bun, tater tots, salad, mixed fruit, milk</p>	14
15	<p><b>16</b> Breakfast: Sausage gravy &amp; biscuits, fruit, juice, milk</p> <p>Lunch: Chicken alfredo, broccoli, bread sticks, applesauce, milk</p>	<p><b>17</b> Breakfast: Breakfast burritos, salsa, fruit, juice, milk</p> <p>Lunch: Meatloaf, scalloped potatoes, peas, hot rolls, mixed fruit, milk</p>	<p><b>18</b> Breakfast: Scrambled eggs/cheese, bacon, cinnamon toast, fruit, juice, milk</p> <p>Lunch: Pizza, corn, salad, peaches, brownies, milk</p>	<p><b>19</b> <b>NO SCHOOL</b></p>	<p><b>20</b> <b>NO SCHOOL</b></p>	21
22	<p><b>23</b> <b>PARENT/TEACHER CONF</b>  <b>NO SCHOOL</b></p>	<p><b>24</b> Breakfast: Sausage gravy &amp; biscuits, fruit, juice, milk</p> <p>Lunch: Chicken patty on a bun, tater tots, lettuce, tomatoes, pickles, peaches, milk</p>	<p><b>25</b> Breakfast: Breakfast casserole, toast, fruit, juice, milk</p> <p>Lunch: Frito chili pie, corn pineapple, cinnamon rolls, milk</p>	<p><b>26</b> Breakfast: Sausage &amp; egg bagel, fruit, juice, milk</p> <p>Lunch: Mexican casserole, Spanish rice &amp; peas &amp; carrots, salad, Jello w/fruit, milk</p>	<p><b>27</b> Breakfast: Pancake &amp; syrup, sausage patty, fruit, juice, milk</p> <p>Lunch: Manwich on a bun, French fries, carrot &amp; celery sticks w/Ranch, apple crisp, milk</p>	28
29	<p><b>30</b> Breakfast: Sausage gravy &amp; biscuits, fruit, juice, milk</p> <p>Lunch: Chicken enchiladas, corn, salad, peach cobbler, milk</p>	<p><b>31</b> Breakfast: Breakfast burritos, salsa, fruit, juice, milk</p> <p>Lunch: Sausage bread, tater tots, salad, mandarin oranges, milk</p>	<p><b>30</b> Breakfast: Scrambled eggs/cheese, bacon, cinnamon toast, fruit, juice, milk</p> <p>Lunch: Rigatoni, green beans, hot roll, pears, milk</p>	<p><b>31</b> Breakfast: Sausage, egg, cheese biscuit, fruit, juice, milk</p> <p>Lunch: Chicken pot pie, biscuits, broccoli &amp; cauliflower w/ranch, banana cake, milk</p>	<p><b>Assorted cereal &amp; yogurt available daily</b>  <b>Menu subject to change</b></p>	

**This institution is an equal opportunity employer**